

Document V After Us Daily Routine.

This is the probable Daily Routine Of the Residents in Independent living Hostel.

SL	Time	Minutes	Activities
1	7.00 am to 7.30	30 mts	Morning Tea.
2	8.30 to 9.30	1 hr	Break Fast
3	10.0 to 10.05	5 mts	Prayer, in the assembly hall.
4	10.05 to 10.20	15 mts	Self Introduction
5	10.20 to 12.00	1hr 40 mts.	My favourite activities (individual)
6	12.0 to 2.00 pm	2 hrs	Bath, Lunch etc.
7	2.00 to 3.30	90 mts	Activities (Group)
8	3.30 to 4.00	30 mts	Tea Break
9	4.00 to 5.00 pm	1 hr	Discussion with the coordinator regarding the details of the day activities.
10	5.00 to 7.00	2 hrs	Leisure time (going out with Coach)
11	7.00 to 9.00 pm	2 hrs	Entertainment and indoor games.
12	9.00 to 10.00	1 hrs	Dinner
13	10.00 pm		Sleeping time.

Explanation:-

Point No 3 :- Any Devotional song prescribed by the authority.

Point No 4 :- Introduction (objectives)

- 1 To encounter all other members of the Team.
- 2 To familiarity among all members of the residence.
- 3 To attain level of comfort among all team members.

Point no 5 :- My Favourite activities (here the resident will be given free access to his/ her favourite activities, what he/ she had done earlier such as painting, Jewellery making, Candle Making etc.).

Point No 7 :- Group Activities

Say out of the 16 residents in the unit, the coordinator will divide the participants in 4 groups and allot activities such as Candle Making, Tailoring, Different types of Hand craft articles, which are marketable and have commercial value.

Point No 10 :- Leisure Time.

The Coach will take the team out of the residence to nearby playground, for outdoor games which are practicable by the participants.

Point No 11 :- Entertainment and indoor games.

The participant will be given free hand to use the time individually in the assembly hall or indoor game hall or anything he or she wants in the residence.

Man power required to run a unit of 16 resident in 5 story building within Municipal / Corporation area.

1	Security Guards	Number Two, for 24 hrs one for day time one for Night. To be supplied by Security Agencies.
2	Caregiver	Six in number, for 24 hrs, one each for 8 residents.
3	Class Coordinator	One from 10.0 am to 5.0 pm, Six days in a week.
4	Coach/ Sports teacher	One Teacher to handle the group (5.0 to 7.0 pm) Six days in a week.
5	Kitchen	One Cook and one helper,
6	Housekeeping Staff	Four housekeeping staff, one for kitchen, Two for the main building, and one for washing clothes.
7	Manager	Two, overall incharge of the whole unit.
8	Medical profession	One General Practitioner, one Psychiatric, and one Clinical Psychologist on a monthly contractual basis.
9	Guardians of the residents	The guardians staying nearby will look after the overall affairs of the unit.
10	Building	Owned or on a long term lease basis. Area 3500 Sq ft land, Stand alone 5 floor Building with lift. Ground Floor means for Kitchen, Dining Hall, Assembly Hall, Indoor Games, Working space for commercial activities, Doctor's Chamber, Office, Toilets, Leisure room for other staff. From 1st floor onwards, every floor will

		<p>accommodate 4 residents, with attached baths and a single room each.</p> <p>The cost of the Building if owned may vary from City to City.</p>
11	Others	<p>Inflation rate to be calculated on 7% basis. Interest on Deposit to be earned @ 5% on the remaining fund available as security Deposits to the Trust.</p> <p>20% increase in Salary every 5 years, for the staff of the unit.</p>
12		<p>Any donation or Company's Social responsibility fund if received that can not be taken into account as the same may be utilised for other developmental purposes.</p>

On the basis of the above information, I would request every group member to calculate the security deposit required for their Individual adult, if he / she stays in the Independent living Hostel for the years of their stay, probably for 50 years. (say from 21st year to 70 th year).

Thanks.